



## CONTACT

310.613.3253

FERRIGNOFIT.COM

MEDIA@FERRIGNOFIT.COM

## ABOUT FERRIGNO FIT

**Our mission is to improve lives through health and fitness.**

Ferrigno FIT is a lifestyle brand that celebrates positive, healthy living. We combine behavioral science, education, and entertainment with the fundamentals of health & fitness to build personalized transformation programs aimed at helping individuals achieve their fitness goals.

## IN THE NEWS

LA WEEKLY

SHAPE

ktla5  
los angeles

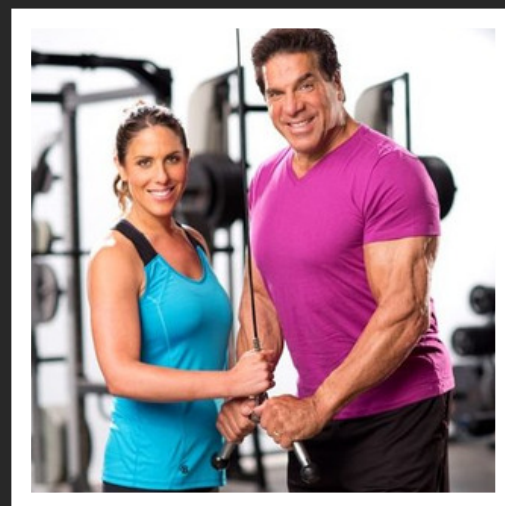
GOOD  
DAY LA

87% NEW VISITS

1,244+ AVERAGE PAGE VIEWS

60,000+ AVERAGE DAILY REACH

149,000+ SOCIAL MEDIA FOLLOWERS



138,162 FOLLOWERS



9,027 FOLLOWERS



1,965 FOLLOWERS